



# Fact-sheet: *Leg Five*

## Houghton Dale to Heaton Norris Park

### Description

A leg that takes full advantage of the open land by the River Tame as it makes its way into the centre of Stockport through

Reddish Vale Country Park

The shortest walking distance between the Start and Finish is 6.2km, but with 12 checkpoints the route stretches to about 7.5km.

		Get on at	Get off at	Duration	Freq	Walk	Cost
To the Start	Bus 202	Piccadilly Gardens	St Mary's, Houghton Green	41mins	60mins	800m down Meadow Lane	£4
To the Finish	Bus 192	Piccadilly Gardens	Stockport, Kingsgate	29mins	5mins	300m	£4

### **By Car**

There is a small car park at the Start (M34 7QA) and the Heaton Lane multi-storey car car park just 400m from the Finish. (SK4 1AQ). Parking is also available 800m at the Finish at Decathlon - as are trainers and energy bars.

### **Café and conveniences**

There is no café at the Houghton Dale Nature Reserve car park, but add a carrot to your sandwiches for the horses in adjacent field. Stockport has some world famous fast food, including the incomparable Gregg's.

## Safety

There are busy roads to cross which have recommended crossing points on the map, plus warnings on the checkpoint descriptions. Checkpoint 12 has been placed on the busy Tiviot Way, the A626, adjacent to a controlled crossing point, and Checkpoint 14 has been placed on a controlled crossing point on the B6167 as it races up Lancashire Hill.

There are potentially VERY muddy paths between checkpoints 1 and 2  
Slippery, uneven and possibly very wet tracks near checkpoints 13, 11, 9, and 7

## Start and Finish in detail

### Start

#### Post Code

Haughton Dale  
M34 7QA

#### Feature

In the small car park at the entrance to the nature reserve. You will probably park your car on it.

### Finish

#### Post Code

Heaton Norris Park  
SK4 1EZ

#### Feature

The goal posts

